

Community pharmacies open in South Ayrshire over the Christmas holiday period

Ayrshire and Arran's community pharmacies can help you battle the winter blues with a healthy dose of good advice.

Community pharmacists can answer questions on choosing and using the right medicine and provide easy-to-understand advice on treating everyday ailments such as coughs, colds and flu. NHS 24 also has a number of community pharmacists who are able to answer medicine and pharmacy-related questions over the telephone on 08454 24 24 24.

The public can also do a number of things to ensure they are prepared to deal with common illnesses for the coming months.

Have a sufficient supply of medicines like paracetamol, sore throat and cough remedies, as these will help to relieve the symptoms of common winter ailments. People who take regular medication should ensure they have enough to see them through the weekends, public holidays and holidays away from home.

What your community pharmacist can do

- If you qualify for the Minor Ailments Service your community pharmacist may prescribe medication for you following a consultation
- Give you advice on the best way to take your medicines
- Give women advice and supply emergency hormonal contraception
- Dispense prescriptions
- Give advice on diet and exercise
- Give advice, support and where appropriate, prescribe nicotine replacement therapy to those giving up smoking
- Hold records of your medicines to ensure that the safety of any future medication is checked
- Provide a private area to discuss sensitive issues

Media Information

For immediate use



- Give you advice over the telephone

Many pharmacies also offer

- Advice on travel health
- Pregnancy testing
- Collection and delivery of prescriptions
- Oxygen supply
- Supervised methadone supply
- Needle exchange

Over Christmas, GP practices will be closed for four days at Christmas (Saturday 24 December – Tuesday 27 December) and will re-open on Wednesday 28 December. During this time, people can still get advice from their community pharmacist. The following pharmacies are open during the festive holidays.

Saturday 24 December 2011

All pharmacies will open and close at their normal Saturday opening times.

Sunday 25 December 2011

Rowlands Pharmacy, 29 Mount Oliphant Crescent, Ayr, 10am - 12 noon

Toll Pharmacy, 153 Ayr Road, Prestwick, 12 noon - 2pm

Monday 26 December 2011

Boots the Chemist, 168/170 High Street, Ayr, 10am – 5pm

Lloyds Pharmacy, Dalmellington Road, Kincaidston, Ayr, 10am – 2pm

Boots the Chemist, 39 Dalrymple Street, Girvan, 10am – 2pm

Boots UK Ltd, 89 Main Street, Prestwick, 10am – 5pm

Boots UK Ltd, Unit 5, 49 Academy Street, Troon, 10am – 5pm

Tuesday 27 December 2011

Media Information

For immediate use



Boots the Chemist, 168/170 High Street, Ayr, 8.30am – 6pm

Lloyds Pharmacy, Dalmellington Road, Kincaidston, Ayr, 10am – 2pm

Morrisons, Castlehill Road, Ayr, 9am – 6pm

Boots, 39 Dalrymple Street, Girvan, 10am – 2pm

Boots, 89 Main Street, Prestwick, 10am – 5pm

Boots, Unit 5, 49 Academy Street, Troon, 10am – 5pm

Wallace Stevenson, 131 Deveron Road, Troon, 9am – 12 noon

- If you need a doctor urgently and your GP's surgery is closed, call NHS 24 on 08454 24 24 24.
- For emergency dental treatment, call NHS 24 on 08454 24 24 24

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For further media enquiries about this topic, please contact:

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