

Community pharmacies open in East Ayrshire over the Christmas holiday period

Ayrshire and Arran's community pharmacies can help you battle the winter blues with a healthy dose of good advice.

Community pharmacists can answer questions on choosing and using the right medicine and provide easy-to-understand advice on treating everyday ailments such as coughs, colds and flu. NHS 24 also has a number of community pharmacists who are able to answer medicine and pharmacy-related questions over the telephone on 08454 24 24 24.

the public can also do a number of things to ensure they are prepared to deal with common illnesses for the coming months.

Have a sufficient supply of medicines like paracetamol, sore throat and cough remedies, as these will help to relieve the symptoms of common winter ailments. People who take regular medication should ensure they have enough to see them through the weekends, public holidays and holidays away from home.

What your community pharmacist can do

- If you qualify for the Minor Ailments Service your community pharmacist may prescribe medication for you following a consultation
- Give you advice on the best way to take your medicines
- Give women advice and supply emergency hormonal contraception
- Dispense prescriptions
- Give advice on diet and exercise
- Give advice, support and where appropriate, prescribe nicotine replacement therapy to those giving up smoking
- Hold records of your medicines to ensure that the safety of any future medication is checked
- Provide a private area to discuss sensitive issues

Media Information

For immediate use



- Give you advice over the telephone

Many pharmacies also offer

- Advice on travel health
- Pregnancy testing
- Collection and delivery of prescriptions
- Oxygen supply
- Supervised methadone supply
- Needle exchange

Over Christmas, GP practices will be closed for four days at Christmas (Saturday 24 December – Tuesday 27 December) and will re-open on Wednesday 28 December. During this time, people can still get advice from their community pharmacist. The following pharmacies are open during the festive holidays.

Saturday 24 December 2011

All pharmacies will open and close at their normal Saturday opening times.

Sunday 25 December 2011

Lloyds Pharmacy, 16 Central Avenue, Kilmarnock, 11am – 1pm

Morrisons, West Langlands Street, Kilmarnock, 1pm – 3pm

Monday 26 December 2011

Boots the Chemist, 62/70 King Street, Kilmarnock, 10am – 5pm

Boots UK Ltd, 5 Burns Precinct, Kilmarnock, 12 noon – 4pm

Tuesday 27 December 2011

Boots the Chemist, 62/70 King Street, Kilmarnock, 10am – 5pm

Boots UK Ltd, 5 Burns Precinct, Kilmarnock, 12 noon – 4pm

Morrisons, West Langlands Street, Kilmarnock, 9am – 6pm

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Bellfield Pharmacy, 89 Whatriggs Road, Kilmarnock, 10am – 2pm

- If you need a doctor urgently and your GP's surgery is closed, call NHS 24 on 08454 24 24 24.
- For emergency dental treatment, call NHS 24 on 08454 24 24 24

Ends

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For further media enquiries about this topic, please contact:

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